

# Learning Ladder Breakfast & Snack Menu March 2024

\*A breakfast bar is served daily at 7:45 as an early morning snack\*

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Pancakes Strawberries  Grahams, Banana
4. Cereal Apples  Trail Mix, Fresh Fruit	5. Muffin Bananas  Veggie Pizza, Fresh Fruit	6. English Muffins Banana  Pretzels, Banana	7. Smoothie Cinnamon Toast Bars  Yogurt, Grahams	8. Muffin Bananas  Cheese, Crackers
11. Bagels w/ Cream Cheese Oranges  Seasoned Oyster Crackers Bananas	12. Breakfast Biscuits Apples  Yogurt, Grahams	13. English Muffins Apples  Pretzels, Banana	14. Oatmeal Bites Bananas  Banana Bread, Fresh Fruit	15. Bagels w/ Cream Cheese Oranges  Cheese, Crackers
18. Cereal Apples  Trail Mix, Fresh Fruit	19. Cereal Apples  Pretzels Fresh Fruit	20. English Muffins Oranges  Yogurt, Grahams	21. Oatmeal Peaches  Ham & Cheese Roll Ups Fresh Fruit	22. Muffin Bananas  Banana Oatmeal Cookies Fruit Salad
25. Cereal Apples  Seasoned Oyster Crackers Fruit Salad	26. Bagels w/ Cream Cheese Oranges  Apple Pastries Fresh Fruit	27. English Muffins Banana  Bean Dip, Crackers	28. Smoothie Cinnamon Toast Bars  Yogurt, Grahams	29.  <b>CLOSED</b>

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.