

Learning Ladder Breakfast & Snack Menu February 2024

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Smoothie Cinnamon Toast Bars Hummus, Crackers	2. Bagels w/ Cream Cheese Oranges Grahams, Banana
5. Cereal Apples Trail Mix, Fresh Fruit	6. Muffin Bananas Veggie Pizza, Fresh Fruit	7. Bagels w/ Cream Cheese Oranges Pretzels, Banana	8. Breakfast Biscuits Apples Yogurt, Grahams	9. English Muffins Banana Cheese, Crackers
12. Bagels w/ Cream Cheese Oranges Seasoned Oyster Crackers Bananas	13. Cereal Apples Apple Muffins Fresh Fruit	14. English Muffins Apples Valentine's Day Treat	15. Smoothie Cinnamon Toast Bars Trail Mix, Fresh Fruit	16. Pancakes Strawberries Grahams, Banana
20. Cereal Apples Banana Oatmeal Cookies, Fruit Salad	21. Bagels w/ Cream Cheese Oranges Pretzels Fresh Fruit	22. English Muffins Oranges Yogurt, Grahams	23. Oatmeal Peaches Pumpkin Bars Craisins	24. Muffin Bananas Cheese, Crackers
26. Cereal Apples Seasoned Oyster Crackers Fruit Salad	27. Bagels w/ Cream Cheese Oranges Apple Pastries Fresh Fruit	28. English Muffins Banana Bean Dip, Crackers	29. Smoothie Cinnamon Toast Bars Yogurt, Grahams	

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.