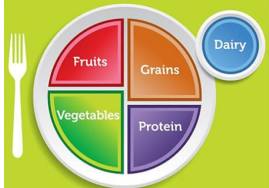




Learning Ladder Breakfast & Snack Menu April 2023

A breakfast bar is served daily at 7:45 as an early morning snack

Monday		Tuesday		Wednesday		Thursday		Friday	
1.	Cereal Apples Pretzels Fruit Salad	2.	Bagels w/ Cream Cheese Oranges Yogurt, Grahams	3.	English Muffins Bananas Banana Oatmeal Cookies Fruit Salad	4.	Smoothie Cinnamon Toast Bars Ham & Cheese Roll Ups Fresh Fruit	5.	Muffin Oranges Cheese, Crackers
8.	Cereal Apples Trail Mix, Fresh Fruit	9.	Bagels w/ Cream Cheese Oranges Pizza Roll-Ups Fresh Fruit	10.	English Muffins Bananas Bean Dip, Crackers	11.	Oatmeal Peaches Pumpkin Bars Craisins	12.	Pancakes Strawberries Cottage Cheese, Pineapple
15.	Cereal Apples Seasoned Oyster Crackers Fruit Salad	16.	Bagels w/ Cream Cheese Oranges Banana Bread Fresh Fruit	17.	English Muffins Bananas Hummus, Crackers	18.	Breakfast Biscuits Apples Yogurt, Grahams	19.	Muffin Oranges Cheese, Crackers
22.	Bagels w/ Cream Cheese Oranges Pretzels Fruit Salad	23.	Cereal Apples Trail Mix, Fresh Fruit	24.	English Muffins Bananas Veggie Pizza, Fresh Fruit	25.	Oatmeal Peaches Apple Muffins Fresh Fruit	26.	Pancakes Strawberries Cottage Cheese, Pineapple
29.	Muffin Oranges Seasoned Oyster Crackers Fruit Salad	30.	Bagels w/ Cream Cheese Apples Pizza Roll-Ups Fresh Fruit						

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.