

Learning Ladder Breakfast, Lunch & Snack Menu November 2023

A breakfast bar is served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Biscuit Banana Bean Dip, Crackers	2. Smoothie Cinnamon Toast Bars Ham & Cheese Roll Ups Fresh Fruit	3. Muffin Oranges Cheese, Crackers
6. Cereal Apples Banana Oatmeal Cookies, Fruit Salad	7. Bagels w/ Cream Cheese Oranges Veggie Pizza, Fresh Fruit	8. Biscuit Banana Yogurt, Grahams	9. Oatmeal Peaches Pumpkin Bars Craisins	10. Pancakes Strawberries Cottage Cheese, Pineapple
13. Cereal Apples Seasoned Oyster Crackers Fruit Salad	14. Bagels w/ Cream Cheese Oranges Apple Muffins Fresh Fruit	15. Biscuit Apples Banana Bread, Fresh Fruit	16. Smoothie Cinnamon Toast Bars Ham & Cheese Roll Ups Fresh Fruit	17. Muffin Bananas Cheese, Crackers
20. Cereal Apples Banana Oatmeal Cookies, Fruit Salad	21. Bagels w/ Cream Cheese Bananas Veggie Pizza, Fresh Fruit	22. Biscuit Oranges Yogurt, Grahams	23. CLOSED	24. CLOSED
27. Muffin Oranges Seasoned Oyster Crackers Fruit Salad	28. Bagels w/ Cream Cheese Oranges Pumpkin Bars Craisins	29. Biscuit Banana Bean Dip, Crackers	30. Oatmeal Peaches Apple Muffins Fresh Fruit	

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.