Learning Ladder Breakfast, Lunch & Snack Menu May 2023

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Monday		Tuesday		Wednesday		Thursday		Friday	
1.	Bagels w/ Cream Cheese Oranges	2.	Cereal Apples	3.	Biscuit Banana	4.	Smoothie Cinnamon Bread	5.	Muffin Oranges
	Chicken Ranch Bake Peas, Pears		Pizza Casserole Broccoli, Pineapple		Chicken Taco Corn, Mandarin Oranges		Spaghetti Broccoli, Peaches	Turk	ey & Cheese Sandwich Carrots, Apples
	Pretzels, Bananas		Yogurt, Grahams		Nilla Wafers, Craisins	Seaso	oned Oyster Crackers, Oranges		Trail Mix, Bananas
8.	Bagels w/ Cream Cheese Oranges	9.	Cereal Apples	10.	Biscuit Banana	11.	Oatmeal Peaches	12.	Pancakes Strawberries
	Homemade Mac & Cheese Peas & Carrots, Peaches		Pizza Roll Ups Peas, Oranges		Sloppy Joes Baked Beans, Applesauce		Oriental Rice Hot Dish Green Beans, Pears		Chicken Taco Corn, Pineapple
	Grahams, Craisins		Hummus, Crackers		Animal Crackers, Oranges		Pretzels, Bananas		Cheese, Crackers
15.	Bagels w/ Cream Cheese Oranges	16.	Cereal Apples	17.	Biscuit Banana	18.	Smoothie Cinnamon Bread	19.	Muffin Oranges
Chicken & Gravy, Mashed Potatoes Broccoli, Corn Bread			Baked Ziti Green Beans, Peaches		Ham & Cheese Sandwich Carrots, Oranges		Hashbrown Casserole Green Beans, Cornbread	Bak	Sloppy Joes ed Beans, Applesauce
Seasoned Oyster Crackers, Banana		Fresh Fruit, Crackers		Bean Dip, Crackers		Animal Crackers, Oranges		Grahams, Bananas	
22.	Bagels w/ Cream Cheese Oranges	23.	Cereal Apples	24.	Biscuit Banana	25.	Oatmeal Peaches	26.	Pancakes Strawberries
	Cheeseburger Casserole Corn, Pineapple		Chicken and Rice Peas, Mandarin Oranges		Spaghetti Broccoli, Pears		Chicken Quesadillas Corn, Pineapple	_	nemade Mac & Cheese as & Carrots, Peaches
	Pretzels, Bananas		Cottage Cheese, Pineapple		Trail mix, Oranges		Pumpkin Bars, Craisins		Hummus, Crackers
29.		30.	Cereal Apples	31.	Biscuit Banana		Dairy		
CLOSED			Chicken Taco Corn, Mandarin Oranges		Sloppy Joes Baked Beans, Applesauce	Fruits Crains Vegetables Protein			
			Grahams, Craisins		Cheese, Crackers				

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative. Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk. (1) fruit or vegetable. (1) bread or bread alternative. (1) meat or meal alternative.