

Learning Ladder Breakfast, Lunch & Snack Menu January 2023

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2.</p> <p>Closed</p>	<p>3.</p> <p>Cereal Banana</p> <p>Chicken Taco Corn, Pears</p> <p>Seasoned Oyster Crackers, Craisins</p>	<p>4.</p> <p>English Muffins With Jam, Oranges</p> <p>Ham & Cheese Sandwiches Apples, Cucumbers</p> <p>Pretzels, Banana</p>	<p>5.</p> <p>Oatmeal Craisins</p> <p>Spaghetti w/ Meat Sauce Green Beans, Peaches</p> <p>Hummus, Crackers/Veggies</p>	<p>6.</p> <p>Pancakes Strawberries</p> <p>Enchilada Casserole Corn, Pineapples</p> <p>Graham Cracker, Banana</p>
<p>9.</p> <p>Bagels w/ Cream Cheese Banana</p> <p>Ham & Cheese Sandwich Carrots, Apples</p> <p>Hummus, Veggies/Crackers</p>	<p>10.</p> <p>Cereal Banana</p> <p>Pizza Casserole Green Beans, Pears</p> <p>Grahams, Yogurt</p>	<p>11.</p> <p>Smoothie Cinnamon Bread</p> <p>Scalloped Potatoes with Ham Peas, Naan Bread</p> <p>Bean Dip, Crackers/Chips</p>	<p>12.</p> <p>Muffin Banana</p> <p>Homemade Mac & Cheese Green Beans, Pears</p> <p>Animal Crackers, Oranges</p>	<p>13.</p> <p>Oatmeal Peaches</p> <p>Sloppy Joes Baked Beans, Applesauce</p> <p>Nilla Wafers, Bananas</p>
<p>16.</p> <p>Bagels w/ Cream Cheese Banana</p> <p>Chicken Taco Corn, Pineapple</p> <p>Tail Mix, Craisins</p>	<p>17.</p> <p>Cereal Banana</p> <p>Cheeseburger Casserole Peas, Pears</p> <p>Seasoned Oyster Crackers, Oranges</p>	<p>18.</p> <p>Smoothie Cinnamon Bread</p> <p>Chicken Ranch Bake Green Beans, Mandarin Oranges</p> <p>Pumpkin Bars</p>	<p>19.</p> <p>Scrambled Eggs Banana, Naan Bread</p> <p>Oriental Hot Dish Broccoli, Mandarin Oranges</p> <p>Cheese, Crackers</p>	<p>20.</p> <p>Pancakes Strawberries</p> <p>Ham & Cheese Sandwich Carrots, Apples</p> <p>Hummus, Crackers/Veggies</p>
<p>23.</p> <p>Bagels w/ Cream Cheese Banana</p> <p>Homemade Mac & Cheese Peas, Peaches</p> <p>Pretzels, Banana</p>	<p>24.</p> <p>Cereal Banana</p> <p>Chicken Quesadillas Corn, Pineapple</p> <p>Grahams, Yogurt</p>	<p>25.</p> <p>Smoothie Cinnamon Bread</p> <p>Cheeseburger Casserole Green Beans, Mandarin Oranges</p> <p>Trail Mix, Craisins</p>	<p>26.</p> <p>Oatmeal Peaches</p> <p>Sloppy Joes Baked Beans, Applesauce</p> <p>Nilla Wafers, Bananas</p>	<p>27.</p> <p>Muffin Banana</p> <p>Chicken Noodle Casserole Peas and Carrots, Pears</p> <p>Cheese, Crackers</p>
<p>30.</p> <p>Bagels w/ Cream Cheese Oranges</p> <p>Baked Ziti Corn, Peaches</p> <p>Animal Crackers, Banana</p>	<p>31.</p> <p>Cereal Banana</p> <p>Scalloped Potatoes with Ham Peas, Naan Bread</p> <p>Seasoned Oyster Crackers, Oranges</p>			

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.