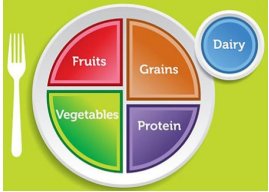


Learning Ladder Breakfast, Lunch & Snack Menu February 2023

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Biscuit Apples Pizza Casserole Green Beans, Pineapple Yogurt, Nilla Wafers	2. Oatmeal Craisins Tatter tot Casserole Carrots, Naan Bread Pretzels, Oranges	3. Pancakes Strawberries Chicken Ranch Bake Green Beans, Peaches Grahams, Banana
6. Bagels w/ Cream Cheese Banana Spaghetti w/ Meat Sauce Peas, Peaches Hummus, Veggies/Crackers	7. Cereal Oranges Chicken Quesadillas Corn, Pineapple Cottage Cheese, Pineapple	8. Biscuit Apples Cheeseburger Casserole Green Beans, Mandarin Oranges Trail Mix, Craisins	9. Smoothie Cinnamon Bread Chicken and Rice Broccoli, Pears Animal Crackers, Oranges	10. Muffin Banana Sloppy Joes Baked Beans, Applesauce Cheese, Crackers
13. Bagels w/ Cream Cheese Banana Chicken Ranch Bake Green Beans, Peaches Pretzels, Oranges	14. Cereal Oranges Pizza Casserole Green Beans, Pears Valentine's Day Treat	15. Biscuit Apples Enchilada Casserole Corn, Pineapple Fresh Fruit, Crackers	16. Pancakes Strawberries Spaghetti w/ Meat Sauce Peas, Peaches Trail Mix, Craisins	17. Oatmeal Peaches Turkey & Cheese Sandwich Carrots, Apples Hummus, Crackers/Veggies
20. Biscuit Apples Cheeseburger Casserole Green Beans, Mandarin Oranges Seasoned Oyster Crackers, Oranges	21. Muffins Oranges Homemade Mac & Cheese Green Beans, Pears Grahams, Bananas	22. Bagels w/ Cream Cheese Banana Sloppy Joes Baked Beans, Applesauce Trail Mix, Craisins	23. Cereal Oranges Spaghetti w/ Meat Sauce Peas, Peaches Cheese, Crackers	24. English Muffins Bananas Ham & Cheese Sandwich Carrots, Apples Hummus, Crackers/Veggies
27. Bagels w/ Jam Oranges Chicken Taco Corn, Pineapple Animal Crackers, Banana	28. Cereal Banana Chicken and Rice Peas, Pears Cottage Cheese, Pineapple			

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.