

Learning Ladder Breakfast, Lunch & Snack Menu August 2023

A breakfast bar is served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Bagels w/ Cream Cheese Bananas Veggie Pizza, Fresh Fruit	2. Biscuit Oranges Z Chip Muffins, Fresh Fruit	3. Oatmeal Peaches Bean Dip, Crackers	4. Pancakes Strawberries Cottage Cheese, Pineapple
7. Cereal Apples Ham & Cheese Roll Ups Fresh Fruit	8. Bagels w/ Cream Cheese Oranges Veggies, Veggie Dip	9. Biscuit Banana Cheese, Crackers	10. Oatmeal Peaches Pumpkin Bars Craisins	11. Pancakes Strawberries Banana Oatmeal Cookies, Fresh Fruit
14. Cereal Apples Seasoned Oyster Crackers Fruit Salad	15. Bagels w/ Cream Cheese Oranges Ham & Cheese Roll Ups Fresh Fruit	16. Biscuit Banana Banana Bread, Fresh Fruit	17. Smoothie Cinnamon Toast Bars Bean Dip, Crackers	18. Muffin Oranges Cheese, Crackers
21. CLOSED	22. CLOSED	23. CLOSED	24. CLOSED	25. CLOSED
28. Cereal Apples Seasoned Oyster Crackers Fresh Fruit	29. Bagels w/ Cream Cheese Bananas Veggies, Veggie Dip	30. Biscuit Oranges Banana Oatmeal Cookies, Fruit Salad	31. Oatmeal Peaches Pumpkin Bars, Craisins	

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.