

Learning Ladder Breakfast, Lunch & Snack Menu September 2022

A breakfast bar is served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Pancakes Strawberries Chicken Taco Corn, Pineapple Seasoned Oyster Crackers, Oranges	2. Biscuits Oranges Cheeseburger Casserole Peas, Peaches Yogurt, Grahams
5. CLOSED	6. Bagels w/ Cream Cheese Banana Oriental Hot Dish Broccoli, Mandarin Oranges Grahams, Milk	7. Scrambled Eggs Apples, Naan Bread Chicken Ranch Bake Green Beans, Pears Animal Crackers, Oranges	8. Muffin Banana Spaghetti w/ Meat Sauce Peas, Peaches Bean Dip, Crackers/Tortilla Chips	9. Oatmeal Peaches Sloppy Joes Baked Beans, Applesauce Sun butter, Nilla Wafers
12. Cereal Oranges Chicken & Gravy, Mashed Potatoes Carrots, Bread Yogurt, Grahams	13. English Muffins w/ Jam Apples Chicken Taco Corn, Pineapple Seasoned Oyster Crackers, Oranges	14. Pancakes Strawberries Cheeseburger Casserole Green Beans, Pears Pretzels, Oranges	15. Bagels w/ Cream Cheese Bananas Spaghetti w/ Meat Sauce Green Beans, Peaches Hummus, Crackers/Veggies	16. Biscuit w/ Jam Banana Sloppy Joes Baked Beans, Applesauce Cheese, Crackers
19. Cereal Banana Ham & Cheese Sandwich Carrots, Apples Yogurt, Grahams	20. Bagels w/ Cream Cheese Apples Chicken Taco Corn, Pineapple Animal Crackers, Banana	21. Muffin Oranges Pizza Casserole Broccoli, Peaches Nilla Wafers, Fresh Fruit	22. Biscuit w/ Jam Banana Sloppy Joes Baked Beans, Applesauce Cottage Cheese, Pineapple	23. Cereal Banana Homemade Mac & Cheese Peas, Peaches Trail Mix, Craisins
26. Pancakes Strawberries Turkey & Cheese Sandwich Carrots, Apples Pretzels, Banana	27. English Muffins w/ Jam Apples Cheeseburger Casserole Green Beans, Pears Seasoned Oyster Crackers, Oranges	28. Oatmeal Peaches Chicken Noodle Casserole Peas, Peaches Pumpkin Bars, Craisins	29. Muffins Apples Enchilada Bake Corn, Pineapple Animal Crackers, Banana	30. Bagels w/ Cream Cheese Oranges Chicken & Gravy, Mashed Potatoes Carrots, Bread Yogurt, Grahams

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative