

Learning Ladder Breakfast, Lunch & Snack Menu November 2022

A breakfast bar is served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Bagels w/ Cream Cheese Banana Chicken Taco Corn, Pineapple Nilla Wafers, Oranges	2. Muffin Oranges Homemade Mac & Cheese Peas, Peaches Trail Mix, Craisins	3. Biscuit w/ Jam Apples Spaghetti w/ Meat Sauce Green Beans, Peaches Pretzels, Banana	4. Oatmeal Peaches Sloppy Joes Baked Beans, Applesauce Yogurt, Grahams
7. Cereal Oranges Pizza Casserole Broccoli, Peaches Hummus, Veggies/Crackers	8. Smoothie Raisin Bread Oriental Hot Dish Corn, Mandarin Oranges Grahams, Bananas	9. Oatmeal Peaches Chicken Ranch Bake Green Beans, Pears Oranges, Nilla Wafers	10. Muffin Banana Ham & Cheese Roll-Ups Broccoli, Mandarin Oranges Cheese, Crackers	11. Bagels w/ Cream Cheese Banana Enchilada Casserole Broccoli, Pineapple Animal Crackers, Oranges
14. Cereal Oranges Chicken Taco Corn, Pineapple Yogurt, Grahams	15. Biscuit w/ Jam Banana Cheeseburger Casserole Peas & Carrots, Pears Seasoned Oyster Crackers, Oranges	16. Smoothie Raisin Bread Sloppy Joes Baked Beans, Applesauce Pretzels, Bananas	17. Pancakes Strawberries Chicken and Rice Broccoli, Mandarin Oranges Bean Dip, Crackers/Tortilla Chips	18. Oatmeal Peaches Tatter Tot Casserole Green Beans, Peaches Grahams, Oranges
21. Smoothie Raisin Bread Chicken Noodle Casserole Peas & Carrots, Pears Cottage Cheese, Pineapple	22. Cereal Banana Spaghetti w/ Meat Sauce Green Beans, Peaches Pumpkin Bars, Craisins	23. English Muffins w/ Jam Apples Homemade Mac & Cheese Peas, Peaches Trail Mix, Craisins	<h2>CLOSED</h2>	
28. Smoothie Raisin Bread Sloppy Joes Baked Beans, Applesauce Cheese, Crackers	29. Oatmeal Peaches Enchilada Casserole Broccoli, Pineapple Animal Crackers, Oranges	30. Muffins Apples Ham & Cheese Roll-Ups Broccoli, Mandarin Oranges Bean Dip, Crackers/Tortilla Chips		

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.