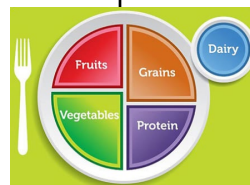


Learning Ladder Breakfast, Lunch & Snack Menu February 2022

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Cereal Banana Chicken and Rice Peas, Pears Cottage Cheese, Pineapple	2. Muffin Banana Pizza Casserole Green Beans, Pineapple Yogurt, Nilla Wafers	3. Oatmeal Craisins Tatter tot Casserole Carrots, Naan Bread Seasoned Oyster Crackers, Oranges	4. Pancakes Strawberries Chicken Ranch Bake Green Beans, Peaches Grahams, Banana
7. Smoothie Raisin Bread Spaghetti w/ Meat Sauce Peas, Peaches Hummus, Veggies/Crackers	8. Bagels w/ Cream Cheese Banana Chicken Quesadillas Corn, Pineapple Grahams, Milk	9. Scrambled Eggs Apples, Naan Bread Cheeseburger Casserole Green Beans, Mandarin Oranges Trail Mix, Craisins	10. Oatmeal Peaches Chicken and Rice Broccoli, Peas Animal Crackers, Oranges	11. Muffin Banana Sloppy Joes Baked Beans, Applesauce Cheese, Crackers
14. Smoothie Raisin Bread Chicken Ranch Bake Green Beans, Peaches Valentine's Day Treat	15. Biscuit w/ Jam Banana Pizza Casserole Green Beans, Peas Pumpkin Bars, Milk	16. Bagels w/ Cream Cheese Apples Enchilada Casserole Corn, Pineapple Fresh Fruit, Crackers	17. Pancakes Strawberries Spaghetti w/ Meat Sauce Peas, Peaches Trail Mix, Craisins	18. Cereal Oranges Turkey & Cheese Sandwich Carrots, Apples Hummus, Crackers/Veggies
21. Smoothie Raisin Bread Cheeseburger Casserole Green Beans, Mandarin Oranges Seasoned Oyster Crackers, Oranges	22. Biscuit w/ Jam Banana Homemade Mac & Cheese Green Beans, Peas Grahams, Oranges	23. Bagels w/Cream Cheese Banana Sloppy Joes Baked Beans, Applesauce Trail Mix, Craisins	24. Muffin Banana Spaghetti w/ Meat Sauce Peas, Peaches Cheese, Crackers	25. Cereal Banana Ham & Cheese Sandwich Carrots, Apples Hummus, Crackers/Veggies
28. Bagels w/ Jam Oranges Chicken Taco Corn, Pineapple Animal Crackers, Banana				



Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.