

Learning Ladder Breakfast, Lunch & Snack Menu December 2022

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Biscuit w/ Jam Oranges Oriental Hot Dish Broccoli, Mandarin Oranges Seasoned Oyster Crackers, Banana	2. Bagel's w/ Cream Cheese Banana Chicken Taco Corn, Pineapple Hummus, Crackers/Veggies
5. Smoothie Raisin Bread Hash Brown and Ham Casserole Green Beans, Pears, Naan Bread Cottage Cheese, Pineapple	6. Cereal Oranges Enchilada Casserole Corn, Applesauce Pumpkin Bars, Craisins	7. Pancakes Strawberries Ham & Cheese Sandwich Carrots, Apples Animal Crackers, Oranges	8. Muffin Apples Baked Ziti Peas, Peaches Bean Dip, Crackers/Tortilla Chips	9. Oatmeal Peaches Sloppy Joes Baked Beans, Applesauce Nilla Wafers, Oranges
12. Bagel's w/ Cream Cheese Apples Chicken Ranch Bake Green Beans, Pears Yogurt, Grahams	13. Muffin Banana Cheeseburger Casserole Peas, Peaches Pumpkin Bars, Craisins	14. Biscuit w/ Jam Oranges Chicken Taco Corn, Pineapple Pretzels, Banana	15. Cereal Banana Pizza Casserole Peas & Carrots, Applesauce Hummus, Crackers/Veggies	16. Scrambled Eggs Apples, Naan Bread Oriental Hot Dish Broccoli, Mandarin Oranges Cheese, Crackers
19. Smoothie Raisin Bread Tater Tot Casserole Corn, Mandarin Oranges Cottage Cheese, Pineapple	20. Biscuit w/ Jam Apples Spaghetti w/ Meat Sauce Peas, Peaches Nilla Wafers, Oranges	21. Muffin Oranges Ham & Cheese Roll-Ups Broccoli, Apples Bean Dip, Crackers/Tortilla Chips	22. Cereal Banana Homemade Mac & Cheese Green Beans, Pears Trail Mix, Craisins	<h1>Closed</h1>
<h1>Closed</h1>	27. Scrambled Eggs Banana, Naan Bread Chicken Ranch Bake Green Beans, Pears Seasoned Oyster Crackers, Banana	28. Cereal Apples Spaghetti w/ Meat Sauce Peas, Peaches Nilla Wafers, Oranges	29. Muffins Oranges Sloppy Joes Applesauce, Baked Beans Yogurt, Grahams	30. Biscuit w/ Jam Banana Ham & Cheese Sandwich Apples, Carrots Pretzels, Craisins

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.